**MacChangers – Student Reflection**

Please use this document to help you reflect on your experiences in the MacChangers Program. This is to be used towards the end of the program. These prompts are intended to guide your thinking; they do not all have to be answered in full. Depending on the extent of your experience, this should take roughly 30-60 minutes. Upon completion, please email this to Kyle (ansilikf@mcmaster.ca) and keep a copy for your own records.

**Description**

* What was your project on?
* Who did you work with?

**Feelings**

* Why did you take on this project?
* What did you hope to gain from this project?
* Do/did you feel equipped to take on this project? Why or why not?

**Evaluation**

* How did it go? What was your initial reaction to the experience?
* Did this experience meet your expectations? Why or why not?
* What do you think went well?
* What do you think could be improved upon for next time?

**Analysis**

* What past literature, knowledge, or past experiences helped equip you for this experience?
* In what aspects did you feel unprepared?
* Regarding your personal/professional goals, how did this experience bring you closer to achieving these goals?
* Regarding the Intended Learning Outcomes of the MacChangers Program, how did this experience bring you closer to achieving these outcomes?

**Conclusion**

* What skills/techniques employed during this experience do you find valuable and useful for future experiences (either similar or different to this experience)?
* If you had to work on this project again, what would you do differently or similarly?
* After reflecting upon this experience, has your initial reaction changed?
* Are there any questions you have or topics you would like to learn about moving forward?