

First year road map to success



Every student's journey is unique. From co-op prep and resumes to student teams and research, your first year offers many ways to build your future. Use this guide to explore opportunities, get involved, and take meaningful steps toward your goals.

INVEST IN FUTURE YOU!



1

GET STARTED

Who am I and how do I want to contribute?

Begin by connecting with the right people, learning about co-op and career options and exploring your skills and interests. These first steps lay the foundation for your success in Mac Eng.

Dive into IEE0 - Introduction to Career Planning & Employment

All first-year students are enrolled in IEE0 in the fall as an introduction to the career planning process, experiential and job search strategies, personal branding techniques (including cover letters and resumes), building relationships (including networking), interview preparation and navigating offers of employment, and preparing for co-op work experiences.

Meet Your Career Educator

Meet with your Career Educator to discuss employment preparation, career readiness, ways to connect with employers and opportunities to gain meaningful experiences. Book a 30-minute appointment to start investing in your future.

[Find your Career Educator here.](#) >

Create your first resume

No experience? No problem!

We'll show you how to craft a resume that reflects your strengths and potential to get the attention of employers.

Visit [OSCARplus](#) to book your appointment.



[Visit Fireball Academy](#) >

An online resource database made just for engineering students. Learn about resumes, co-ops, interviews and more!

[Connect with us on Discord](#) >

Join our Discord server to stay up to date with info on employers visiting campus, industry nights, career workshops/events and much more!



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EXPLORE & GET INVOLVED

Build your experience outside the classroom through clubs, teams, research and events. These opportunities grow your skills, expand your network and help you discover your path.

Explore the Experience Catalogue

Discover the different ways McMaster Engineering students have built their skills and career prospects.

[Check out the catalogue here.](#)

Join a club or student team

Develop technical and teamwork skills, grow your network and have fun! These experiences make a big difference on your resume and in interviews.

Attend an industry night or info session

Meet with engineers and employers. Get inspired, ask questions, learn about job opportunities and start building your network.

3

BUILD & PREPARE

Strengthen your professional toolkit with resume critiques, career coaching and skill-building workshops. These actions prepare you for co-op, research and/or leadership roles.

Submit your resume for a critique

Our Career Resource Coordinators will help you fine-tune it.

Book a 1:1 meeting with our team

Not sure about your next step? [Book an appointment with a Career Educator](#) for guidance on your job search and skill-building to reach your goals.



BONUS: GO FURTHER

Take your first-year experience to the next level with additional opportunities, events and resources that can help you stand out and build confidence.

- Read our newsletter full of opportunities! It lands in your McMaster email inbox every week during the academic year.
- Attend workshops and events – sign up on [OSCARplus](#)
- Head to the Student Success Centre [website](#) to check out the career resources and supports available.
- Consider a part-time job or volunteering – we can guide you on where to find these opportunities
- Reflect on your goals (and write them down!): Try answering: **What impact do you want to make as an engineer?**



📍 Visit us: **JHE H301**

WE'RE HERE TO SUPPORT YOU

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Meet with us: Book an appointment on [**OSCARplus**](#)
[**Learn more**](#) about co-op, career and experience at Mac Eng.