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| Name: | Date: |
| Student ID Number: | |

| Question 1: Where am I now? | |
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| <ul style="list-style-type: none"> • Program, Level • What is my current skill set? (Be detailed) What am I good at? | |

| Question 2: What do I want to do when I graduate? (The more specific the answers, the better.) | |
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| <ul style="list-style-type: none"> • What do I love to do? • In what areas do I aspire to be expert? • What kind of environment/ working conditions are most attractive to me? • What roles sound most attractive? • What are my first and second choices for long-term careers? Why have I made these choices – what factors are driving me? | |

| Question 3: Who will pay me to do what I want to do? | |
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| <ul style="list-style-type: none"> Who hires people who have the kinds of jobs I want? Who are some potential employers? | |

| Question 4: How do I get there? How do I prepare? (The more specific the answers, the better.) | |
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| <ul style="list-style-type: none"> What skills will I need? What skills do I want/need to develop during graduate school? (Examples include grant, proposal and technical writing; presentations; project management; staff supervision) What information / resources do I need? | |

| Question 5: What is my plan for the next year? | |
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| <ul style="list-style-type: none"> What are my goals? What actions are required? Provide a list of activities which will help you achieve your goals. | |

Question 6: What is my plan for the next 2-3 years?

- What are my goals?
- What actions are required? Provide a list of activities which will help you achieve your goal.